



Role: Makena

You have been feeling quite depressed in the setting of your new HIV diagnosis which you think may have affected your appetite. You have occasional loose stools but no diarrhea, and you are struggling financially to afford enough food for yourself and your family. You are screened for OIs, which are not detected. You are prescribed tenofovir-lamivudine-dolutegravir (TLD) for HIV and—based on the WHO package of services for AHD—isoniazid for TB prevention, fluconazole for cryptococcosis prevention (no *Cryptococcus* antigen testing is available), and co-trimoxazole for *Pneumocystis* and bacterial infection prevention.

You feel particularly concerned for your health upon hearing that you have advanced disease and is afraid for your future. You also disclose to the healthcare worker that you are worried about sharing our diagnosis with your family and friends because you are concerned about the stigma around HIV and AIDS. You ask the healthcare worker if you should disclose your diagnosis to others and how you should do this.



Activity 3 Role Play

Role: Healthcare worker

You are a healthcare worker supporting Makena. Makena mentions that she has been feeling quite depressed in the setting of her new HIV diagnosis which she thinks may have affected her appetite. She has occasional loose stools but no diarrhea, and she struggles financially to afford enough food for her and her family. She is screened for OIs, which are not detected. She is prescribed tenofovir-lamivudine-dolutegravir (TLD) for HIV and—based on the WHO package of services for AHD—isoniazid for TB prevention, fluconazole for cryptococcosis prevention (no *Cryptococcus* antigen testing is available), and co-trimoxazole for *Pneumocystis* and bacterial infection prevention.

Makena mentions that she feels particularly concerned for her health upon hearing that she has advanced disease and is afraid for her future. She also discloses to you that she is worried about sharing her diagnosis with her family and friends because she is concerned about the stigma around HIV and AIDS. Makena asks you if she should disclose her diagnosis to others and how she should do this.

How would you address Makena's questions about disclosure and stigma?