

Module 2

Cardiovascular
Disease in Patients
with Well
Controlled HIV



Activity 1 : Multidisciplinary Rounds

Table I: Areas of intervention for formulating cardiovascular care recommendations in a person living with HIV.

Areas of Intervention	CVD Care Recommendations
Physical activity	
Dietary changes	
Blood pressure	
ART regimen	
Goal HIV RNA	
Weight control	
Lipid lowering agent	
Hypoglycemic agent	

Activity 2 : Team-based challenge

- 1. Who would you engage to support Joyce after she is discharged?
- 2. In what ways do you envision these individual supporting Joyce?