



Activity 1: Multidisciplinary care questions

- Imagine Daniel presents to your clinic with Post-COVID Condition. What roles would your professional cadre play in his care?
- What important roles would other professional cadres play in his care?

Activity 2: Patient-centered care for PCC role play

Instructions: Spend 5 minutes in your selected roles practicing using the OARS approach.

Open questions

Affirmations

Reflective Listening

Summarizing

After the 5 minutes are over, please switch roles and repeat the role play. For the final 5 minutes, share feedback and reflect on the role play. What worked well and what would you improve?

Role: Daniel's niece, Grace

Grace has COVID-19 4 months ago. She recently has had trouble sleeping and has been unable to concentrate on her school work. She previously enjoyed school, but lately has been dreading it. She usually gets top marks in school but lately her grades have been slipping due to her difficulty concentrating. She wonders if she could have Post-COVID Condition.

Role: Provider

Use OARS with Grace to build trust and validate the experience of her symptoms.