



### Activity 1: Multidisciplinary Discussion

**Read through the interventions, and discuss which members of the care team should lead each intervention effort to address biomedical and psychosocial impacts of perinatal HIV infection.**

- Early identification of HIV infected individuals with slow progressing disease: screening algorithms, community-based testing
- Promotion of retention in the care and adherence
- Earlier initiation of ART to prevent complications
- Interventions for lung and heart disease
- Monitoring for chronic complications and timely referrals
- Regular assessments of schooling, guardianship, bereavement
- Screen and treat for depression
- Counsel caregivers
- Trainings for teachers on confidentiality and discrimination, and communication with caregivers
- Trainings for health-care workers on adolescent development and care
- Attention to autonomy and confidentiality of adolescents as patients
- Linkage to community-based psychosocial support services

### Activity 2: Role Play

**Practice communication skills.**

**Role: Health Professional** - The patient is a 17-year-old boy with HIV who has decided to stop using condoms with his partner but has an HIV RNA of 40,000 copies/mL. He also has not been taking his ART, and you would like to aim to get him back on ART during this visit. You remember that taking a non-judgmental approach and establishing rapport first is the best way to accomplish this.

**Role: Adolescent Patient** - You are coming to the doctor for regular check-up. You haven't been taking your ART because you don't like how it makes you feel, and you aren't even sure that it helps. Plus, it's hard to remember to take the medication every day. You feel like your provider doesn't really know you that well, or understand the stress that you're going through. You're worried that he is just going to lecture you about what you should be doing and are just looking forward to getting this appointment over with.

**After five minutes of role play, the learner playing the adolescent should provide feedback to the learner playing the health professionals. Then switch roles and repeat.**

### Activity 3: SBAR Practice

**Situation:** What is going on with the patient?

**Background:** What is the clinical background or context?

**Assessment:** What do you think the problem is?

**Recommendation:** What would you recommend?