

Module 11

Pre-Exposure
Prophylaxis and
Care for Men
Who Have Sex
with Men



Zoom Activities

Activity 2 Role Play Scenarios

Role: Provider

You understand that it is important to get a sexual history from Lubanzi to properly assess his risk for STIs. You remind yourself that you should build rapport with the patient first, explain the policy of confidentiality, and then use the 5 P's approach in your conversation.

- Partners
- Practices
- Protection from STIs
- Past history of STIs
- Prevention of pregnanacy

Role: Lubanzi (patient)

You have a pretty good relationship with your provider, but he has yet to explore your sexual history. You are worried about your sexual health and know that it's important to discuss it with your doctor, but are also worried about being judged or discriminated against. You have had 3 male sexual partners over the last 3 months, practicing both insertive and receptive anal sex. You use condoms most of the time, but not always. You had been treated for chlamydia about 1 year ago. You have been feeling similar symptoms to that episode over the last week, with painful burning with urination and some cloudy white discharge. You had a negative HIV test one year ago but haven't been tested since

Activity 3 Sample Patient Scenarios

Which patients are a candidate for PrEP?

- Patient A: A 55-year-old man who has had condomless sex with three female sex workers in the last 6 months (but none in the last month). He has had Gonorrhea twice in the last year and syphilis once. He has hypertension and chronic kidney disease with a creatinine clearance of 25.
- Patient B: A 20-year-old woman with one partner over the last year. This partner is HIV-positive and she does not know if he is on treatment. She has never had an STI. She is estimated to be 12 weeks pregnant and has not had sex in 6 weeks. She would like to be on PrEP if you think it is indicated.
- Patient C: A 42-year-old woman with one male partner for the last year. She had syphilis in her twenties and no other STIs since. Her partner tested negative for HIV at a community health fair last year. She does not think he has other sexual partners.
- Patient D: A 27-year-old woman with 5 male partners in the last 3 months. She has not used condoms with any of them. She last had sex around 1-2 weeks ago and recently developed fevers, a sore throat, and swelling in the lymph nodes of her neck. She has no medical problems and was treated for Chlamydia last year.